## PATIENT INFORMATION SHEET

## **STOOL FOR OVA & PARASITES**

You have been provided with a special container for Ova & Parasite analysis.

The container provided contains a solution. **<u>Do not</u>** discard. For accidental ingestion, contact a physician or Poison Control Center immediately. Avoid contact with skin or eyes. Flush immediately with running water.

- Wash hands thoroughly
- Collect bowel movement into a clean, dry, wide-mouthed container. ie: margarine or ice cream container. The stool sample must not be contaminated by urine or water. <u>Do not</u> take specimen from the toilet bowl.
- Using the spatula attached to the lid of the O&P container, place enough specimen into the container to raise the liquid to the "fill" line marked on the outside of the container. DO NOT FILL PAST 'FILL LINE'
- Secure lid tightly. Mix the stool by inverting or shaking container.
- Wash hands.
- Label the container with your name, date and time of collection.

**Do not refrigerate specimen.** Keep in the paper bag provided. Bring the sample to the lab within 24 hours.

**Note:** If your doctor has ordered more than one O&P sample to be collected then collect these on separate days and one day apart. Bring each sample to the lab within 24 hours of collection.

## DO NOT COLLECT MULTIPLE SAMPLES ON THE SAME DAY. YOU WILL BE ASKED TO RECOLLECT THEM.

If you have any questions or concerns, please contact the Laboratory. For the results of your test, please contact your doctor.

## University Hospital of Northern British Columbia

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