

IMAGINE Community Grants: Spring 2020

The IMAGINE Community Grants are once again accepting applications starting March 1, 2020. Do you have an idea to help improve the health of your community? Grants of up to \$5,000 are available to support community projects that are sustainable and make a difference in chronic disease prevention and health promotion. Questions about the grants and how to apply? Check out the [IMAGINE website](#) for application guidance, examples of successful projects, FAQs, and the 2020 application form.



For Your Information

- Is walking the best buy for public health? [BMJ Talk Medicine podcast](#) explores this topic.
- Northern Health is currently accepting nominations for [Community Health Stars](#) – exceptional people who are taking the initiative to improve health in their community.
- **National Poison Prevention Week** is March 15-21, 2020. This is a great time to ensure poisonous products such as medication, cannabis products, household cleaners and more are secured away from children and pets. Order your **free** poison prevention materials from the [BC Drug and Poison Information Center](#) and visit [BC Injury Research and Prevention Unit](#) and [Northern Health Injury Prevention](#) to learn more.

Resources

Community Benefits of Supportive Housing

This [report](#) highlights mostly BC-based research and includes key information and statistics to answer common questions that neighbours, local government, and other stakeholders may have about supportive housing.

Balance and Connection in the Northeast: The Health and Well-Being of Our Youth

This [regional report](#) was created from the data collected in the 2018 BC Adolescent Health Survey in northeast BC.

PROOF: Food Insecurity Fact Sheets

[Fact sheets](#) from a Canadian interdisciplinary research team on a number of topics and how they relate to food insecurity, including mental health, public policy, childhood experiences, and food skills.

ICBC: Road Safety Curriculum for Educators

Free [learning resources](#) developed to help teachers give children and young adults the tools they need to stay safe on the roads today and in the future.

Funding Opportunities

Prince George Community Foundation Spring Grant Intake

Deadline: March 15, 2020

The Prince George Community Foundation is celebrating their 25th anniversary and are offering [spring grants](#) of up to \$10,000 for eligible registered charities. In addition, a one-time grant for \$25,000 in honour of the anniversary is available only for the spring grant intake.

PlanH Healthy Communities Grant Program: Social Connectedness and Healthy Community Engagement

Deadline: April 6, 2020

The PlanH Healthy Communities grant program supports local governments in BC as they work with health authorities and other partners to collectively create conditions that enable healthy people and healthy places. Two streams of granting are available: [social connectedness](#) and [healthy community engagement](#). Grants of up to \$5,000 and \$15,000 respectively are available.

IMAGINE Community Grants: Spring 2020

Deadline: April 10, 2020

IMAGINE Grants are [community seed grants](#) that aim to fund initiatives that improve the health of communities. They address at least one of the following health promotion priorities: healthy eating and food security, active living, injury prevention, tobacco-free communities, positive mental health, prevention of substance harms, healthy early childhood development, healthy aging and healthy school action. Grants of up to \$5,000 are available.

Community-Based Research Projects in Cannabis and Mental Health

Deadline: April 23, 2020

The Mental Health Commission of Canada seeks to address knowledge gaps in the relationship between cannabis and mental health [by funding community based research](#) between 2020 and 2022. Individuals or groups from priority populations or with lived experience can apply to lead one of 12 research projects, with \$50,000 of support per year over 2 years. Proposal development support is available on request and there is an information session webinar on March 4 at 9am PST.

Education/Learning Opportunities

Linking Climate Change and Municipal Priorities (Webinar)

Date: March 11, 2020

Part of the Healthy Built Environment webinar and discussion series, from the National Collaborating Centre for Environmental Health. [Registration](#) is required for webinar access.

Learning to Lead Program (Course)

Deadline to Apply: March 16, 2020

This three day [leadership program for Grade 11 girls](#) offers workshops and activities to boost confidence and self-awareness. Course is offered in Prince George (May), Kamloops (June), and Vancouver (July).

Health Equity and Housing (Webinar)

Date: March 25, 2020

Part of the Healthy Built Environment webinar and discussion series, from the National Collaborating Centre for Environmental Health. [Registration](#) is required for webinar access.

Supporting Healthy Eating at School (Webinar)

This [pre-recorded webinar](#) from Farm to School Canada discusses how to support healthy eating at school, and features Northern Health's Lead Dietitian for School-Age Nutrition, Emilia Moulechkova.

DASH BC Healthy School Communities Certification Pilot

This [initiative](#) currently has 11 BC schools enrolled for the 2019/20 school year. The aim is to recognize and celebrate school communities for promoting and enhancing the health and well-being of students, school staff, and the broader community. Want to be involved in the 2020/21 school year? Contact DASH BC at info@dashbc.ca.

Northern Health Stories

Local staff member brings medical services to BC Winter Games in Fort St. John

They say volunteers are the heart of a community. This couldn't be truer for BC Winter Games volunteer and Northern Health staff member Neil Evans... [continue reading.](#)

Vanderhoof school wins Spirit of Healthy Kids grand prize

The first ever Spirit of Healthy Kids Regional Program challenge is complete! Six schools from across Northern BC competed in a health, wellness, and philanthropic challenge for the chance to win grant money for health projects... [continue reading.](#)

Vaping: The Dangers of Youth's New Nicotine Addiction

Vaping among youth is a real health concern. There's been an increase in young people experimenting with vaping and becoming addicted. Youth may want to try vaping to fit in with their peers, to try out the many different flavours available... [continue reading.](#)

See the latest stories at stories.northernhealth.ca.

E-Brief Information

The Healthier Northern Communities [E-Brief](#) is produced by [Northern Health's regional Population and Preventive Public Health program](#).

- **To subscribe**, send a blank email to healthycommunities@northernhealth.ca with "subscribe" in the subject line.
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