

This monthly publication is prepared by the [Northern Health Healthy Settings](#) team to provide information and resources for local governments and community organizations to promote and support community health across Northern BC.

Share your opinion

Move the North: Youth physical activity study (University of Northern British Columbia & Northern Health)

Are you a youth physical activity leader/enthusiast with experiences and ideas related to youth physical activity opportunities in your area? Northern Health and the University of Northern BC are partnering on a community-based research project to develop a physical activity engagement strategy with and for youth living in Northern BC. Youth ages 12 to 24, youth physical activity champions, members of the community and education sector, and organizations that offer physical activity programming are invited to complete this short [survey](#). You can also express interest in a series of upcoming in-person workshops (locations to be decided). Youth and community-based workshop participants will receive a \$75 honorarium. Contact PhysicalActivity@UNBC.ca for more details.

Resources (toolkits, reports, websites)

Challenging structural substance use workshop package (Canadian Substance Use Resource and Knowledge Exchange Centre)

This [package](#) provides a learning opportunity for health and social service providers who work in the substance use field. It will provide learners with the knowledge and skills needed to identify different forms of stigma, advocate for change, and meaningfully partner with people with lived or living experience of substance use.

Engaging people with lived/living experience (Tamarack Institute)

This [guide](#) was written to support poverty-reduction groups to meaningfully engage people with lived/living experience. It celebrates the potential that can be unlocked when these individuals are included to drive antipoverty work.

Everyone Counts 2020-2022: Results from the third nationally coordinated point-in-time counts of homelessness in Canada (Government of Canada)

Point-In-Time Counts provide a snapshot of homelessness in a community. The [Everyone Counts report](#) indicates that over 40,000 people experienced homelessness across 72 communities and regions, and the most common reason reported for recent housing loss was inadequate income. For BC-specific data, visit the [BC Housing 2023 point-in-time homeless counts](#).

Improving youth service navigation: A guide for community organizations (Tamarack Institute)

Navigating the web of social services for youth can be challenging, and the Tamarack Institute has identified this as a common barrier for young people in this country. This [guide](#) can serve as a tool for youth organizations, local governments, and communities looking to support youth by enhancing service navigation.

Events and learning opportunities

Increasing affordability through municipal climate action: transportation (Climate Caucus)

Date: April 15, 2024

Are you passionate about making a positive impact on your community and taking action on climate change? Are you eager to learn more about how municipalities can play a crucial role in addressing climate change while increasing affordability? Join this [webinar](#) to explore innovative policy solutions and case studies from local governments across the country.

Municipal-community collaboration on extreme weather preparedness and response (Tamarack Institute)

Date: April 17, 2024

Register for a free [webinar](#) on the role of communities and residents in preparing for and responding to climate-related events. Learn strategies for improving collaboration between local government and communities in the face of extreme weather events, and best practices for engaging residents in emergency preparedness efforts.

Supporting communities during weather related emergencies (United Way BC)

Date: April 30, 2024

Register for a free [webinar](#) to learn about ways to support communities during weather related emergencies.

Funding opportunities

Farm to School Canada Grants

Deadline: April 5, 2024

Interested in bringing in more local, healthy food into your school? [Farm to School Canada grant applications](#) are open to all schools (kindergarten to grade 12) in Canada including school in Indigenous communities/nations. School can apply for up to \$10,000 to establish or enhance an existing school food program.

Rapid Stimulus Grant for Food Systems Transformation (Public Health Association of BC & Food Banks BC)

Deadline: April 19, 2024

The Rapid Stimulus Grant for Food Systems Transformation provides one-time funding to non-profit organization and First Nations governments to advance transformation in the food system. Applicants will be asked to describe how their projects improve community food security, and advance systems change. Learn more at <https://phabc.org/rsg/> and apply for up to \$25,000.

IMAGINE grants (Northern Health)

Deadline: May 10, 2024

Calling all community organizations, schools, Indigenous organizations, and local governments! Are you planning a project that focuses on mental wellness, community diversity, harm reduction, climate action, food security, active living, or community safety? Apply for up to \$10,000 through Northern Health's IMAGINE Community Grant. For more information on criteria, funding limitations or to view past projects, visit our [webpage](#).

Indigenous Housing Fund (BC Housing)

Deadline: May 15, 2024

Apply to the [Indigenous Housing Fund](#) to create new homes for Indigenous people in your community. Indigenous non-profit housing providers, First Nations and Indigenous governments, and non-profit housing providers are encouraged to apply.

Climate Fund Finder (Clean BC)

Deadline: Ongoing

Planning a climate action project? Need financial support? Not sure where to start? The [Funding Finder](#) is the tool for you. By answering a few questions, you'll be on your way to learning which programs fit your program best.

#GreenMyCity Program (Green Cities Foundation)

Deadline: Ongoing

Apply for a [#GreenMyCity grant](#) to support the restoration and revitalization of any publicly owned land, including parks, community gardens, sports fields, playgrounds, and public open spaces. Garden clubs, associations, neighbourhood groups, service clubs, and school/youth groups are encouraged to apply.

Northern Healthy Communities Fund (Northern Development Initiative Trust)

Deadline: Ongoing

Is your community nearby an LNG Canada or Coastal GasLink project? Apply for the [Northern Healthy Communities Fund](#) to help your community adjust to the economic growth expected to occur as a result of major economic development projects.

Provincial Homelessness Grants (Social Planning and Research Council of BC)

Deadline: Ongoing

The [Homelessness Community Action Grant Program](#) is designed to support local action and knowledge about homelessness and its causes, increase public awareness, and respond to gaps in services for people experiencing homelessness. This initiative provides one-time funding for local planning and collaborative initiatives designed to better respond to the needs of those who are homeless or at risk of becoming homeless.

Seed Funding program (Canadian Mortgage and Housing Corporation)

Deadline: Ongoing

The Canada Mortgage and Housing Corporation's (CMHC) [Seed Funding Program](#) provides financial support for individuals or organizations involved in the initial phases of creating an affordable housing project. Apply for up to \$350,000 in interest-free loans. Expenses can include the formulation of a business plan, creation of preliminary design concepts, and environmental site assessments. Apply now; limited funds are available.

Northern Health Stories

Connecting with a registered dietitian in Northern BC

If you've ever thought about connecting with a dietitian to support your own or your family's nutritional needs, and you live in Northern BC, you have a few options...[continue reading](#).

See the latest stories at stories.northernhealth.ca.

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